

# Conversation Guide

FEBRUARY 2, 2025  
THE LORDS PRAYER  
FORGIVE US AS WE  
FORGIVE OTHERS  
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## SCRIPTURE

*"This, then, is how you should pray:*

*"Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven.*

*Give us today our daily bread.*

***And forgive us our debts, as we also have forgiven our debtors.***

*And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom, the power and the glory, amen."*

**Matthew 6:9-13**

## MAIN IDEA

Forgiveness is a powerful force in our lives. It isn't fair, deserved or casual - it is an act of grace. In the Lord's Prayer Jesus invites us to experience God's grace by assessing, confessing and releasing things in our own lives, that have robbed us of peace + fully living. And perhaps the most difficult part, to offer the exact same forgiveness and grace for people in our own lives.

## TALK ABOUT IT

- 1. Since the beginning of our series on the Lord's Prayer, what has stuck out to you? What have you learned and how have you applied it to your own life?**
- 2. Read Luke 4:16-21. Jesus declared he has come to offer Good News, Liberty, Freedom, Forgiveness and Favour. Where have you experienced this in your own life?**
- 3. Read Romans 12:17-21. How can we apply Paul's teaching in our daily interactions—at home, at work, at school or in your community? What are some practical ways to "conquer evil with good" instead of getting caught up in bitterness or resentment?**
- 4. How can we find the strength to forgive when it feels impossible or when it seems like the person doesn't deserve it?**

## PRAYER PROMPT

The P.R.A.Y acronym is used to help you pray for different things in just a few moments. Use it this week as you consider listening and responding to the Holy Spirits leading in your life.

**P is for pause:** Stop what you're doing to be still and invite God's presence where you are.

**R is for rejoice:** Spend a few moments in praise. Share with God what you are thankful for.

**A is for ask:** Who, or what, is on your heart today? Spend a few moments talking to God about what you need, and the needs of others. Talk to God specifically about the courage to obey the Holy Spirit's leading in your life as you seek forgiveness in your own life + offer it to others.

**Y is for yield (or Yes!):** Spend a few moments giving everything back to God; your worries, fears, uncertainty.

## REMEMBER

*Because that is what he has done. It is he who has rescued us from the ruling force of darkness and transferred us to the kingdom of the Son that he loves, and in him we enjoy our freedom, the forgiveness of sin."*

*Colossians 1:13-14*

*"As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness and hatred behind, I'd still be in prison." Nelson Mandela*