

CULTIVATE

PERSONAL PRACTICE: Worship

April 14, 2021

GROWTH

Throughout the stories of the Bible, the people who know God stop to respond to Him. They build altars and sing songs to tell of the things He has done. They turn their posture toward God and give Him their full attention.

Likewise, our worship is the all-encompassing posture of heartfelt adoration. Within that framework, our musical worship comforts, inspires, challenges, and causes us to shout joyfully to God. It is our musical response to how God has shown Himself to us.

NEXT STEPS

In the midst of digital worship, finding our next step can seem overwhelming. But take the time to pause, turn your posture to God and answer one (or a few) of the questions Andrew presented in the accompanying video (or find his questions below).

PRACTICE:

Over the coming days, take an opportunity to reflect on each question, writing down your answer and reviewing the Trinity Church Spotify list to find a song that helps express your answer. Before you enter a worship experience, reflect on your answers as a way to pause and turn your posture to God.

God is at work

Am I bringing an understanding of what God has done into my singing?

God is the reason I worship

Why am I worshipping God today?

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God deserves my gratitude

What has God done this week that causes me to thank Him?

God is Awe & Amazement

What has God done this week that causes me to be amazed by Him?

God is my Refuge & Defender

What circumstances of my week are causing me look for refuge?

God is my Promise Keeper

What circumstances of my week are needing me to stand firm on His promises for me?

God is not a distraction

"It's not as much of a setting my personal life & thoughts aside... instead we declare God's character and Truth over our personal life and thoughts."

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RESOURCES

Andrew's Cultivate Video: <https://youtu.be/QTZcIIOp2GU>

Trinity Church Spotify: <https://open.spotify.com/embed/playlist/4g6ZyzkNkp2zYyyEMdfUfC>

SO WHAT?

"A worshiper is a person who has complete freedom to choose, but loves God so much that he chooses to serve and obey him because there is nothing he'd rather do."

— Zach Neese, *How to Worship a King*