



TRINITY  
**Families**

GOING DEEPER | JUNE 27/28 2020

## WARM UP

WHETHER YOU'RE IN THE LIVING ROOM, AROUND THE DINING TABLE, OR EVEN IN THE BACKYARD, GO AROUND THE CIRCLE AND HAVE FUN SEEING WHO HAS THE BEST POSTURE! TALK ABOUT POSTURE AND WHY IT'S IMPORTANT!

## DIVE IN

**SCRIPTURE:** GRAB A PIECE OF PAPER, PEN (OR MARKER, OR PENCIL), AND OPEN YOUR BIBLE APP

- HAVE A FAMILY MEMBER DRAW A CROSS ON THE PIECE OF PAPER! IT COULD BE ARTSY OR SIMPLE!
- THE POSTURE OF THE CHURCH, OUR CHURCH, IS THREEFOLD: UPWARD, INWARD, & OUTWARD.
- READ THE VERSES FOR EACH OF THE THREE POSTURES AND DRAW ARROWS ON YOUR PIECE OF PAPER. AS YOU READ LISTEN FOR ONE WORD THAT YOU CAN WRITE AT THE END OF EACH ARROW ON YOUR PAPER
- **UPWARD (IN WORSHIP): EPHESIANS 3:20-21**
- **INWARD (IN HEART CHANGE): COLOSSIANS 2:6-7**
- **OUTWARD (TO OTHERS): GALATIANS 4:4-5**

**OBSERVATIONS:** WHAT WAS ONE WORD THAT STOOD OUT IN EACH OF THE READINGS?

- **UPWARD:** GRATEFUL? SURRENDER? SUBMISSION? PRAISE? GLORY? GLORY IS A STRANGE WORD - IT MEANS SIZE, VALUE, AND BEAUTY! GOD IS BIG, TO BE CHERISHED, AND BEAUTIFUL!
- **INWARD:** LIVE? ROOTED? STRENGTHENED? THANKFULNESS?
- **OUTWARD:** SENT?

**APPLICATION:** HOW DOES WHAT WE READ IN **THE POSTURES** CHANGE HOW WE LIVE TODAY?

- **UPWARD:** HOW WILL YOU BRING PRAISE TO GOD THIS WEEK?
- **INWARD:** HOW WILL YOU TAKE ANOTHER STEP OF GROWTH IN FOLLOWING JESUS THIS WEEK?
- **OUTWARD:** WHO WILL YOU MOVE TOWARDS THIS WEEK WITH THE GOOD NEWS?

## NEVER STOP PRAYING

**PRAYER:**

- THANK GOD FOR SENDING HIS SON JESUS AND TO LIVE OUT THESE POSTURES THIS WEEK!
- DO A WALK IN YOUR NEIGHBOURHOOD THIS WHERE YOU PRAY FOR YOUR NEIGHBOURS AS YOU WALK BY EACH OF THEIR HOMES. SEE WHAT GOD DOES WITH THIS!